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Everybody's Talking!

Icy thrills: Perched above the St. Lawrence River in Québec City, Québec, Canada, the Dufferin Terrace toboggan slide has thrilled visitors for over a century. Originally built in 1884, this iconic slide offers an adrenaline rush as riders soar down icy lanes at speeds of up to 70 km/h (43.5 mph). Facing shorter operating seasons due to unpredictable weather, the slide's operators recently invested in a modern refrigeration system to ensure the fun lasts much longer. Popular among international tourists, the slide attracts many visitors from the United States and Australia, drawn to its unique blend of history, charm, and thrilling excitement, making it an unforgettable winter experience in Québec City.

Tree cuisine: Belgium has a firm request for its citizens: Don't eat your Christmas tree. The warning followed a suggestion from Ghent, a city known for its eco-friendly initiatives, that proposed using leftover tree needles for culinary experiments like spruce-flavored butter. While creative, this idea sparked health concerns, as Christmas trees are often treated with pesticides or flame retardants, and some species, like yew, are toxic. Despite the city's intention to promote recycling and reuse, the risks of such culinary ventures outweigh the benefits. For a truly green approach, consider turning a used tree into mulch or bird feeders instead. It's kinder to both your stomach and the planet.

Timeless vine: At Fuller's Griffin Brewery in Chiswick, London, England, a remarkable wisteria vine stands as Europe's oldest. Brought from China in the early 19th century, this vine was among the first two cuttings introduced to Britain, thanks to John Reeves, a British tea inspector stationed in Canton (now Guangzhou). While its twin failed to thrive at Kew Gardens, Fuller's vine flourished, becoming a fragrant symbol of spring for over two centuries. Nestled outside the former head brewer's cottage, it continues to charm visitors on private brewery tours. Wisteria blooms can also be spotted in other historic locations across London, showcasing the city's enduring love for this beautiful plant.

Seed skies: In a bold effort to combat deforestation, renowned skydiver Luigi Cani scattered 100 million native seeds over the Brazilian Amazon. Leaping from a plane, he targeted one of the region's most devastated areas, using innovative aerial techniques to distribute numerous carefully chosen plant species. The ambitious project aims to restore the rainforest's delicate balance and protect its rich biodiversity. With seeds boasting a high germination rate, this eco-friendly dive is expected to spark significant reforestation and nurture ecological harmony in the coming years. Cani's daring act blends his aerial expertise with an inspiring commitment to environmental restoration.

Quoteable Quotes

"Set your life on fire. Seek those who fan your flames." —Rumi

"A friend is one who joyfully sings with you when you are on the mountaintop, and silently walks beside you through the valley." —William Arthur Ward

What's Happening

Barren View Golf Course Senior Scramble
5/21/2025

- 1) Rick Bjornson, Dave Thibodeau, Greg Biss, Ernie Cole -3
- 2) Jeanine Wright, Lenny Espling, Dana Tracey, Stan Fitzhenry -2
- 3) Dawn Seavey, Terry Talbot, Gary Derickson, Darwin Coldwell (Count Back) -1
- 4) Sue Derickson, Steve Cates, Dana Gillespie, Sonny Beal -1

Pin #2 Rick Bjornson 3'1" Pin #5 Gordon Haynes 27'11"

The Gracie Fund is Accepting Applications!

If you consider Washington County your home and plan to stay here, the Gracie Fund can help you repay your student loans. The Gracie Fund fosters community development by helping recipients connect to Washington County through their commitment to a career and community service. Loan repayment awards of \$5,000 awarded to up to three individuals each year. Application deadline is July 15th. For more information contact Jennifer Peters, Director of Community Development, 207-255-0983, scec@sunrisecounty.org.


Lubec Area Musicians' Philanthropic Society LAMP Spring Appeal

Spring and early Summer are when a lot of LAMPS biggest bills need to be paid – but our most successful fundraising season is during the summer and fall concerts. We are turning to you for help now. Our goal is to raise \$7000 by June 30th. Please consider donating to LAMPS either by sending a check to: LAMPS, 6 School Street, Lubec, ME 04652 or by a donation on our website (lampsdowneast.org)

Trivia

1. A group of owls is called a ____.
2. What is the name of the home of the Norse gods?
3. Lemons and limes helped prevent ____ in 18th-century and later British sailors.
4. What is the capital of India?
5. In which branch of the military did singer Elvis Presley serve?

(Flip bottom of page for answers)



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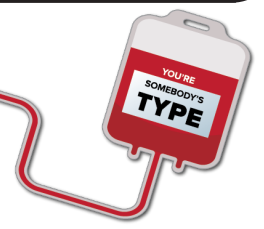
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Your Weekly Horoscopes

ARIES
(March 20 – April 19)



Now may be a good time to develop or advance your grand vision. Hard work invested at this time might bear fruit. Don't let any old beliefs hold you back. Lucky numbers: 4, 6, 11, 18, 25, 33.

TAURUS
(April 20 – May 20)


Look for an opportunity this week that may help you achieve a heartfelt desire. Consider it, even though it might appear suddenly or be outside of your comfort zone. Lucky numbers: 5, 13, 14, 17, 21, 46.

GEMINI
(May 21 – June 20)



This week may be a good time to initiate a conversation with a loved one. An honest discussion might help both of you grow spiritually, and improve the relationship. Lucky numbers: 22, 23, 24, 32, 41, 44.

CANCER
(June 21 – July 22)



Over the next few weeks, situations may arise in which you can either be oversensitive in your reaction or engage the other party with empathy. Choose carefully. Lucky numbers: 14, 17, 18, 20, 22, 47.

LEO
(July 23 – Aug. 22)



Midweek, your mind may quickly generate ideas and the energy to implement them. But if you are working with others, be careful about having a sharp tongue. Lucky numbers: 6, 12, 17, 33, 36, 45.

VIRGO
(Aug. 23 – Sept. 22)



The start of the week is good for following up on details needed to complete tasks. Just be aware of any tendency toward perfectionism in yourself or others. Lucky numbers: 9, 14, 20, 33, 41, 47.

LIBRA
(Sept. 23 – Oct. 22)



You may find yourself feeling indecisive or fretful at midweek. This dynamic might pass in a few days. So take a few deep breaths and try to wait out this period. Lucky numbers: 21, 31, 36, 38, 42, 44.

SCORPIO
(Oct. 23 – Nov. 21)


Each month has several days when your intuitive radar is on overdrive. This month it is in the middle of this week. Be aware and exercise the appropriate self-care. Lucky numbers: 11, 14, 20, 38, 45, 46.

SAGITTARIUS
(Nov. 22 – Dec. 21)



The wandering Sagittarius nature usually doesn't let dust settle under your feet. The next several weeks may offer an opportunity to slow down and reach a quiet place. Lucky numbers: 2, 11, 15, 16, 23, 34.

CAPRICORN
(Dec. 22 – Jan. 19)


For the next few weeks, you may find yourself involved in more conversations than usual. Be careful to understand and address the needs of others as well as your own. Lucky numbers: 7, 8, 16, 19, 39, 48.

AQUARIUS
(Jan. 20 – Feb. 18)


If your endeavors are not in alignment with your values, that may become clearly apparent at midweek. Explore what you might need to do to get them back in sync. Lucky numbers: 1, 4, 9, 33, 34, 45.

PISCES
(Feb. 19 – March 20)


At the start of the week, the emotional atmosphere may be in conflict with your Pisces nature. Try to achieve a balance, or wait a few days for this to pass. Lucky numbers: 12, 19, 23, 33, 35, 39.

Lucky numbers this week: This week's odds favor Taurus winners with the luckiest number being 17.

Did You Know...

Touchscreen trailblazer: In 1994, the IBM Simon introduced the world to a phone that could do more than call. With its touchscreen, email, and built-in apps, it paved the way for modern smartphones and pushed technology into a new era.

Collar craze: Ancient Greek dogs had more than one job. They guarded farms, helped hunt, and fought off wolves. To protect them, Greeks invented spiked collars. These practical accessories saved dogs' necks during wolf attacks.

Pineapple prestige: In 18th-century Europe, pineapples symbolized wealth and status, often displayed at elite events but rarely eaten. Some even rented them to impress guests, proudly showcasing the exotic fruit until it spoiled.

Tuskless trend: Heavy poaching in Mozambique led to a rise in tuskless elephants. Over time, this genetic change reshaped the population, demonstrating that human actions can have unexpected evolutionary consequences.

Toasting tales: Toasting began as an ancient ritual for health and unity. Romans added toasted bread to wine, which helped reduce acidity, making the often-bitter drink smoother and more enjoyable for gatherings.

On the Lighter Side

"Is it time to turn the pancakes?" asked Billy flippantly.

Reporter asked a 103-year-old woman, "What's good about your age?" Answer: "No peer pressure."

Diner: "Waiter! Where is my order of escargot?"
Waiter: "Sorry, sir, you know how snails are."

Knock! Knock! *Who's there?* Little boy. *Little boy who?* Little boy can't reach the doorbell.

What did the baby lightbulb say to its mother? I wuv you watts and watts.

Answers
Trivia answers: 1. Parliament 2. Asgard 3. Scully 4. New Delhi 5. U.S. Army

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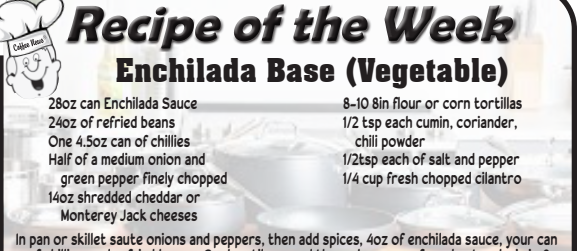
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Recipe of the Week
Enchilada Base (Vegetable)
28oz can Enchilada Sauce
24oz of refried beans
One 4.5oz can of chilies
Half of a medium onion and green pepper finely chopped
14oz shredded cheddar or Monterey Jack cheeses
8-10 8in flour or corn tortillas
1/2 tsp each cumin, coriander, chili powder
1/2tsp each of salt and pepper
1/4 cup fresh chopped cilantro
In pan or skillet saute onions and peppers, then add spices, 4oz of enchilada sauce, your can of chilies, and refried beans. Cook until warmed through, remove from heat and mix in 6 oz of the shredded cheese. In a 9x13 baking dish spread 4 oz of enchilada sauce on the bottom of the dish. Then fill each tortilla with filling and roll placing seam side down in baking dish. Top all the filled tortillas with the remaining enchilada sauce and shredded cheese. Bake at 350 degrees for 20 minutes or until cheese begins to brown. Sprinkle fresh chopped cilantro on the top and serve. If you want to add meat (chicken/beef) add one pound to sauteed veggies and cook until done.