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Washington **County Edition** 207-659-2524

Vol. 3 No. 11 May 12, 2025

Everybody's Talking!

Ancient cure: A high school student, Destany "Sky" Pete of the Shoshone and Paiute Tribes, uncovered a powerful cancerfighting potential in a traditional Indigenous American recipe. Inspired by the health challenges in her community, Sky tested chokecherry pudding, a dish known as toishabui, for its medicinal properties. Collaborating with a biochemistry professor, she found that the pudding, made with crushed chokecherry pits, killed cancer cells within 24 hours in lab tests. Rooted in ancestral wisdom, this discovery earned her top honors at a science fair and drew attention to the health benefits of traditional diets. Sky's work blends ancient practices with modern science, proving that the past still holds life-changing secrets.

Mirrored skies: Stretching endlessly across Bolivia's southwest corner near the Chilean border, Salar de Uyuni is a surreal expanse of dazzling salt. As water coats its surface during the rainy season, this vast flatland, formed by ancient lakes, transforms into a massive mirror, creating breathtaking reflections of the sky. Whether the surface is wet or dry, the flat is a photographer's dream, offering endless creative opportunities for playing with perspective. Beyond its beauty, the flat contains immense lithium reserves, vital for powering modern devices, and its flawless surface is even used to calibrate satellite instruments. In this corner of the world, nature's artistry truly shines crystal clear, and salt never looked so sweet.

Plastic revolution: Nzambi Matee is transforming Kenya's plastic pollution problem by turning waste into durable building materials. Through her company, Gjenge Makers, she creates bricks from recycled plastic and sand, offering a sustainable alternative for construction projects like roads and housing. With a background in engineering, Matee began her research in a small lab before scaling up production with advanced facilities. Her bricks, made through high-temperature compression, are lightweight, long-lasting, and far more durable than traditional bricks. By tackling plastic waste while addressing housing needs, Matee proves that solutions to environmental challenges can build stronger communities and a healthier planet.

Reindeer defense: In Norway's snow-covered landscapes, reindeer herds have long puzzled predators with an extraordinary survival tactic: a spiraling formation called a "reindeer cyclone." This tightly packed, whirling motion makes it very difficult for hunters to isolate a single target. A documentary has captured this rare behavior, combining vivid Viking hunt re-enactments with footage of the herds in motion. Reindeer were vital to Viking life, providing resources like food, hides, and antlers for tools and trade. Artifacts preserved in Norway's thawing ice reveal more about the tools Vikings used to hunt these elusive animals. In the end, nature's choreography can leave even the fiercest hunters spinning in circles.

Quoteable Quotes

"Quiet people have the loudest minds." —Stephen Hawking "There is a calmness to a life lived in gratitude, a quiet joy." -Ralph H. Blum

What's Happening

confidential, and supportive gathering where we exchange ideas and share insights! The traits, skills, and knowledge we inherit from the significant women in our lives often shape who we are and how we succeed in business. Light

refreshments provided. Register Here https://www.ceimaine.org/event/may-biz-fit-ode-to-mom-in-person/ Washington County 4-H'ers Showcased Their Sparks at Statewide Public Speaking Event

Three Cobscook Currents 4-H Club members represented Washington County at the 2025 Speak Up, Maine 4-H! ing event, on Saturday, April 5 at the University of Maine in Orono. Senior 4-H'er Soren D. presented ar illustrated talk titled "Machias Dike and Marsh: What Should Be Done?" and received a blue ribbon for his thoughtful and well-researched presentation. Junior members Ira D. and Théo M. also delivered engaging presentations. Ira received a blue ribbon for their demonstration talk, "A Cheses Board for a 4-H* re", while Théo was awarded a red ribbon for his illustrated talk, "History of the Fishing Rod," which explored the evolution of a tool important to Maine's

Barren View Golf Course Senior Scramble

 $1)\ Theresa\ Wright,\ Terry\ Talbot, Gordon\ Haynes, Sonny\ Beal,\ Stan\ Fitzhenery\ (Putt\ Off)\ -4$

2) Sue Burr, Ralph Backman, Randy Gatez, Ernie Libby, Jeff Anderson -4

3) Janice Rice, Lenny Espling, Vance Smith, Darwin Caldwell, Dwight Patter Pin #2 Terry Talbot 3'6" Pin #5 Terry Talbot 6'

lruua

- 1. What does the Japanese word judo mean?
- 2. The capital of Canada is Calgary, Toronto, or Ottawa?
- 3. The Beatles were from what English city?
- 4. The loose skin hanging from a turkey's chin is called a tongue-
- 5. In what profession is the scruple used as a measure? (Flip bottom of page for answers)



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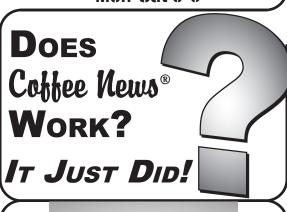


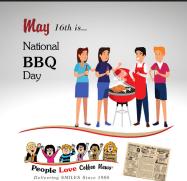
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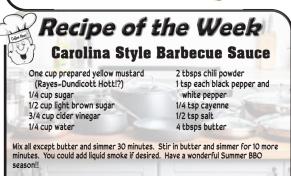
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Mon-Sat 8-5







Your Weekly Horoscopes

(March 20 - April 19)



This week you may have an opportunity to help someone else address an old wound. Speaking about your own healing process could be helpful

to them now. Lucky numbers: 6, 15,

TAURUS

(April 20 - May 20)



A sudden insight may shake up your view of who you are. Give yourself time to integrate this information, instead of taking action based on

your initial reaction. Lucky numbers: 7, 8, 13, 17, 19, 42.

GEMINI

- June 20) (May 21



This week you may find that things are easily going your way. This pattern might not last long, so you could try to take advantage of it

before the dynamic changes. Lucky numbers: 8, 9, 29, 38, 43, 48.

(June 21 - July 22)



Toward the end of the week, you may feel discouraged about your life situation. This aspect might pass in a few days.

So try to take a deep breath and wait. Lucky numbers: 2, 9, 14, 28, 29, 31.

LEO (July 23 - Aug. 22)



Be careful in your communications with others at the end of the week. Your mind may be sharper than normal, but be sure that your tongue

isn't sharper, as well. Lucky numbers: 10, 12, 14, 26, 31, 36.

VIRGO (Aug. 23 - Sept. 22)



Virgos don't always cultivate intuition as a valuable skill. This week may present an opportunity to do so, if you look for it, but it might require step-

ping outside the box. Lucky numbers: 5, 11, 18, 35, 37, 43.

(Sept. 23 - Oct. 22)



You may have an opportunity at the start of the week to resolve a situa-tion. But first you might need to make an honest assessment of what you

can and cannot accept. Lucky numbers:

SCORPIO (Oct. 23 - Nov. 21)



Last week's opportunity may continue into early this week to tie up loose ends and complete a project. Soon you might be able to move on to some-

thing else. Lucky numbers: 13, 19, 35, 37, 45, 47.

SAGITTARIUS (Nov. 22 - Dec. 21)



Your natural optimism may be heightened early this week. Enjoy the feeling, but be aware of how much risk you might take on if you are making an

important decision. Lucky numbers: 4, 5, 13, 28, 33, 39.

CAPRICORN (Dec. 22 - Jan. 19)



Midweek, you may wish to work on your own. While this energy could enhance your ambition, it might encourage you to lock horns with others in

disagreements. Lucky numbers: 8, 19, 28. 33. 43. 46.

AQUARIUS (Jan. 20 - Feb. 18)



Important information may emerge from your unconscious this week, which may be stressful at first. But positively integrating the insights could

help you move forward. Lucky numbers: 1, 5, 7, 11, 31, 39.

PISCES (Feb. 19 - March 20)



You may have an opportunity early in the week to see a realistic view of a situation Once that is done, then focus on tapping into your intuition

to find a good solution. Lucky numbers: 9, 10, 22, 24, 29, 40.

Lucky numbers this week: This week's odds favor Sagittarius winners with the luckiest number being 33.

Did You Know...

Whiskey plates: In the U.S. state of Minnesota, some DUI offenders get "whiskey plates," special license plates starting with a W. These plates let them drive for essential needs like work or school while marking their history of driving offenses.

Sneezing slumber: Sneezing is impossible during deep sleep because the muscles involved in the reflex temporarily shut down. This paralysis occurs during REM sleep, allowing the body to rest undisturbed by irritants like dust or pollen.

Oyster switch: Oysters start life as males and later transform into females, annually producing millions of eggs. This unique life cycle allows them to efficiently reproduce, ensuring their role in the ocean's delicate ecosystem.

Brow mystery: Painted by Leonardo Da Vinci, the "Mona Lisa" once had visible eyebrows and eyelashes, which were erased by years of previous restoration efforts. Scans also uncovered adjustments to her hands and other features.

Dog ban: In 1994, sled dogs were prohibited from Antarctica due to fears that they might spread illnesses to seals. These hardworking dogs had played a vital role in exploration before being replaced by mechanized transport.

On the Lighter Side

Sports fan: "Are baseball umpires good eaters?" Waitress: "Yes, they always clean their plate."

Knock! Knock! Who's there? Alex. Alex who? Alex the questions

What kind of business did Mr. Gopher set up? A hole sale

I have a turtle who wears "people-neck sweaters."

A van crashed, loaded with thesauruses. Witnesses were astonished, shocked, taken aback, surprised, startled.

Answers

4. False, a wattle 5. Pharmacy

Trivia answers: 1. The gentle way 2. Ottawa 3. Liverpool

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