

Transform your bathroom with a new bath or shower

**SAVE \$1000**

PLUS NO INTEREST and NO PAYMENTS for 12 MONTHS\* PLUS

**50% OFF INSTALL**

\*Subject to 3rd party credit approval. Minimum monthly payments required. Offers valid thru 6/30/25

SCHEDULE A FREE IN-HOME CONSULTATION  
**1-844-310-1813**

## Smith's Towing & Recovery

- Local & Long Distance Towing
- Winching & Recovery
- Lockouts
- Jumpstarts

Call - 207.214.6060  
On Facebook - Smith's Towing and Recovery | online smithstowingandrecovery.com

## Power your life

Make power outages a thing of the past with a home standby generator.

**Are you prepared for Power Outages?**

Power outages... we've all suffered through them. The good news is, you don't need to any longer. Generac home standby generators automatically provide backup power during a utility power outage – whether you're home or away. Whether it's for a few hours, or several days, your family and home are protected. So sure, keep the candles and flash lights, but it's time to get serious about preparing for power outages.

**Call or go online today for more information**

**Riverside Electric Inc**

Sales: 207-454-7815 / 207-255-3060  
Service: 207-853-4615  
Website: http://www.riversideelectricinc.com

240 Union St., Calais, ME 04619

## Are you an exterminator? Call us to gain more business!

**Keep your competitors out.**  
**207-659-2524**

## Thank You

to our advertisers and these distribution partners of the Washington County Coffee News who provide your free copy of the *Coffee News*!

Vasquez Mexican TO  
Cherryfield Country Market  
Tom's Mini-Mart

UMaine Machias Library  
Lubec IGA  
Karen's Korner Diner

Delivering SMILES since 1988

ANOTHER ONE BITES THE CRUST

## Jonesport Pizza Shop

- Pizza
- Sandwiches
- Seafood
- Beer
- Soda
- Daily Specials...and more!

207.497.2187  
187 Main St. Jonesport  
Follow Us on Facebook!  
M-Sat 4am-9pm & Sun 10am-7pm

## Did You Find MEMus?

**We Found Your Moving Truck!**

AUTHORIZED DEALER

**Call 737-275-0911**  
Book your local or one-way truck rental today!

# FREE! Coffee News®

"News To Be Enjoyed Over Coffee"

**Washington County Edition**  
**207-659-2524**

Est. 1988

WashingtonCountyCoffeeNews@gmail.com Vol. 3 No. 11 May 12, 2025

## Everybody's Talking!

**Ancient cure:** A high school student, Destany “Sky” Pete of the Shoshone and Paiute Tribes, uncovered a powerful cancer-fighting potential in a traditional Indigenous American recipe. Inspired by the health challenges in her community, Sky tested chokecherry pudding, a dish known as *toishabui*, for its medicinal properties. Collaborating with a biochemistry professor, she found that the pudding, made with crushed chokecherry pits, killed cancer cells within 24 hours in lab tests. Rooted in ancestral wisdom, this discovery earned her top honors at a science fair and drew attention to the health benefits of traditional diets. Sky’s work blends ancient practices with modern science, proving that the past still holds life-changing secrets.

**Mirrored skies:** Stretching endlessly across Bolivia’s southwest corner near the Chilean border, Salar de Uyuni is a surreal expanse of dazzling salt. As water coats its surface during the rainy season, this vast flatland, formed by ancient lakes, transforms into a massive mirror, creating breathtaking reflections of the sky. Whether the surface is wet or dry, the flat is a photographer’s dream, offering endless creative opportunities for playing with perspective. Beyond its beauty, the flat contains immense lithium reserves, vital for powering modern devices, and its flawless surface is even used to calibrate satellite instruments. In this corner of the world, nature’s artistry truly shines crystal clear, and salt never looked so sweet.

**Plastic revolution:** Nzambi Matee is transforming Kenya’s plastic pollution problem by turning waste into durable building materials. Through her company, Gjenje Makers, she creates bricks from recycled plastic and sand, offering a sustainable alternative for construction projects like roads and housing. With a background in engineering, Matee began her research in a small lab before scaling up production with advanced facilities. Her bricks, made through high-temperature compression, are lightweight, long-lasting, and far more durable than traditional bricks. By tackling plastic waste while addressing housing needs, Matee proves that solutions to environmental challenges can build stronger communities and a healthier planet.

**Reindeer defense:** In Norway’s snow-covered landscapes, reindeer herds have long puzzled predators with an extraordinary survival tactic: a spiraling formation called a “reindeer cyclone.” This tightly packed, whirling motion makes it very difficult for hunters to isolate a single target. A documentary has captured this rare behavior, combining vivid Viking hunt re-enactments with footage of the herds in motion. Reindeer were vital to Viking life, providing resources like food, hides, and antlers for tools and trade. Artifacts preserved in Norway’s thawing ice reveal more about the tools Vikings used to hunt these elusive animals. In the end, nature’s choreography can leave even the fiercest hunters spinning in circles.

## Quoteable Quotes

“Quiet people have the loudest minds.” —*Stephen Hawking*

“There is a calmness to a life lived in gratitude, a quiet joy.” —*Ralph H. Blum*

## What's Happening

**CEI Women's Business Center May Biz Fit - Ode to Mom!**

May 14th, 8-9 am In-person @ the MaineStreet Business Building 19 Main Street, Machias. Biz Fit is an informal, confidential, and supportive gathering where we exchange ideas and share insights! The traits, skills, and knowledge we inherit from the significant women in our lives often shape who we are and how we succeed in business. Light refreshments provided. Register Here <https://www.ceimaine.org/event/may-biz-fit-ode-to-mom-in-person/>

**Washington County 4-H'ers Showcased Their Sparks at Statewide Public Speaking Event**

Three Cobscook Currents 4-H Club members represented Washington County at the 2025 Speak Up, Maine 4-H! public speaking event, on Saturday, April 5 at the University of Maine in Orono. Senior 4-H'er Soren D. presented an illustrated talk titled “Machias Dike and Marsh: What Should Be Done?” and received a blue ribbon for his thoughtful and well-researched presentation. Junior members Ira D. and Théo M. also delivered engaging presentations. Ira received a blue ribbon for their demonstration talk, “A Cheese Board for a 4-H'er,” while Théo was awarded a red ribbon for his illustrated talk, “History of the Fishing Rod,” which explored the evolution of a tool important to Maine’s culture and heritage.

**Barren View Golf Course Senior Scramble**

4/23/2025

- Theresa Wright, Terry Talbot, Gordon Haynes, Sonny Beal, Stan Fitzhenery (Putt Off) -4
- Sue Burr, Ralph Backman, Randy Gatz, Ernie Libby, Jeff Anderson -4
- Janice Rice, Lenny Espling, Vance Smith, Darwin Caldwell, Dwight Patten

Pin #2 Terry Talbot 3'6" Pin #5 Terry Talbot 6"

## Trivia

- What does the Japanese word *judo* mean?
- The capital of Canada is Calgary, Toronto, or Ottawa?
- The Beatles were from what English city?
- The loose skin hanging from a turkey’s chin is called a tongue—T/F?
- In what profession is the scruple used as a measure?

(Flip bottom of page for answers)

**Star 97.7**  
Smooth Rock'n'Roll

To Advertise on Star 97.7: Call 207.667.0002

© Published with Permission by Washington County Coffee News®

## Caught Reading Coffee News®!

Text/email a photo of you reading *Coffee News* and get in the paper and on our social media!  
207.659.2524 - [washingtoncountycoffeenews@gmail.com](mailto: washingtoncountycoffeenews@gmail.com)

## The Sunday Morning Post

Weekly articles about the economy, real estate, Maine, and more.

[thesundaymorningpost.com](http://thesundaymorningpost.com)

Subscribe today

## Maine Country Music Hall of Fame & Museum

272 Lewiston Rd., Mechanic Falls  
For a visit or tour call 795-1119 or 654-2227

LIKE US ON facebook

**Up to \$6,000 rebate from Efficiency Maine and up to \$2,000 federal tax credit available**

## Downeast Outdoor Boiler

**Chuck Lynch**  
**207-667-6860**  
[chuck@downeastoutdoorboiler.com](mailto: chuck@downeastoutdoorboiler.com)  
[downeastoutdoorboiler.com](http://downeastoutdoorboiler.com)  
21 Baron Lane Ellsworth, ME

efficiency MAINE Residential Registered Vendor

## Bark & Bubbles Professional Groom & Boarding for Dogs (and Kitties too!)

Call Today for your appointment  
East Machias • 207.214.2872

## THIS SPACE FOR RENT

**207-659-2524**

Come See What's New at Dorsey!

**FREE STATEWIDE DELIVERY**

Mon-Sat 9am-5pm  
**DORSEY Furniture for life.** 1031 Main Rd. Holden, Me 1-800-820-7301

## The MEMus Contest!

Actual Size →

Find “MEMus” hidden in one of the ads and enter to win!

Win gift certificates or other items from local businesses!

To enter include your: name, contact information, what ad MEMus was in, and where you got the *Coffee News*®

Mail entry to *Coffee News*® PO Box 187 Orland, ME 04472 or email [washingtoncountycoffeenews@gmail.com](mailto: washingtoncountycoffeenews@gmail.com)

One entry per person each week. Your info. will not be shared with anyone. One name drawn at the end of each month.



**DOES**  
*Coffee News*<sup>®</sup>  
**WORK?**

***IT JUST DID!***

A large, stylized question mark graphic, rendered in a 3D effect with a grey-to-white gradient and a black outline. It is positioned on the right side of the advertisement, partially overlapping the text area.


*May 16th is...*

National  
**BBQ**  
Day



**People Love Cottee News®**

*Delivering SMILES Since 1988*




# ***Recipe of the Week***

## **Carolina Style Barbecue Sauce**


One cup prepared yellow mustard (Rayes-Dundicott Hott!?)	2 tbsps chili powder
1/4 cup sugar	1 tsp each black pepper and white pepper
1/2 cup light brown sugar	1/4 tsp cayenne
3/4 cup cider vinegar	1/2 tsp salt
1/4 cup water	4 tbsps butter

Mix all except butter and simmer 30 minutes. Stir in butter and simmer for 10 more minutes. You could add liquid smoke if desired. Have a wonderful Summer BBQ season!!


**ARIES**  
(March 20 – April 19)

 This week you may have an opportunity to help someone else address an old wound. Speaking about your own healing process could be helpful to them now. Lucky numbers: 6, 15, 18, 28, 35, 40.


**TAURUS**  
(April 20 – May 20)

 A sudden insight may shake up your view of who you are. Give yourself time to integrate this information, instead of taking action based on your initial reaction. Lucky numbers: 7, 8, 13, 17, 19, 42.


**GEMINI**  
(May 21 – June 20)

 This week you may find that things are easily going your way. This pattern might not last long, so you could try to take advantage of it before the dynamic changes. Lucky numbers: 8, 9, 29, 38, 43, 48.


**CANCER**  
(June 21 – July 22)

 Toward the end of the week, you may feel discouraged about your life situation. This aspect might pass in a few days. So try to take a deep breath and wait. Lucky numbers: 2, 9, 14, 28, 29, 31.


**LEO**  
(July 23 – Aug. 22)

 Be careful in your communications with others at the end of the week. Your mind may be sharper than normal, but be sure that your tongue isn't sharper, as well. Lucky numbers: 10, 12, 14, 26, 31, 36.


**VIRGO**  
(Aug. 23 – Sept. 22)

 Virgos don't always cultivate intuition as a valuable skill. This week may present an opportunity to do so, if you look for it, but it might require stepping outside the box. Lucky numbers: 5, 11, 18, 35, 37, 43.


**LIBRA**  
(Sept. 23 – Oct. 22)

 You may have an opportunity at the start of the week to resolve a situation. But first you might need to make an honest assessment of what you can and cannot accept. Lucky numbers: 3, 7, 9, 19, 29, 35.


**SCORPIO**  
(Oct. 23 – Nov. 21)

 Last week's opportunity may continue into early this week to tie up loose ends and complete a project. Soon you might be able to move on to something else. Lucky numbers: 13, 19, 35, 37, 45, 47.


**SAGITTARIUS**  
(Nov. 22 – Dec. 21)

 Your natural optimism may be heightened early this week. Enjoy the feeling, but be aware of how much risk you might take on if you are making an important decision. Lucky numbers: 4, 5, 13, 28, 33, 39.


**CAPRICORN**  
(Dec. 22 – Jan. 19)

 Midweek, you may wish to work on your own. While this energy could enhance your ambition, it might encourage you to lock horns with others in disagreements. Lucky numbers: 8, 19, 28, 33, 43, 46.

**AQUARIUS**  
(Jan. 20 – Feb. 18)

 Important information may emerge from your unconscious this week, which may be stressful at first. But positively integrating the insights could help you move forward. Lucky numbers: 1, 5, 7, 11, 31, 39.

**PISCES**  
(Feb. 19 – March 20)

 You may have an opportunity early in the week to see a realistic view of a situation. Once that is done, then focus on tapping into your intuition to find a good solution. Lucky numbers: 9, 10, 22, 24, 29, 40.

# Just hatching a new business?



CHECK OUT

## Coffee News®

ADVERTISING!

- A new edition each week reaching over 6000 potential customers
- Exclusive and affordable advertising
- Targeted to your local community with over 60 locations

*It's a crackin' good deal!*  
 (207) 659-2524  
[WashingtonCountyCoffeeNews@gmail.com](mailto:WashingtonCountyCoffeeNews@gmail.com)



*Coffee News*®

**CONTEST  
WINNER**

**Sue, is the  
April 2025  
Contest Winner!**

Sue, will get \$25 gift cards  
from Jo's Diner/Pizzeria and Horn  
Run Brewing-Eastport.

# BECOME DEBT FREE IN AS LITTLE AS 24-48 MONTHS

If you owe more than \$10,000 in credit card or other unsecured debt, see how we can help.

SEE HOW MUCH YOU COULD SAVE



**Call today:**

**+1 (833) 539-1146**






**Caught Reading  
Coffee News®!**

Text/email a photo of you  
reading **Coffee News**  
and get in the paper  
and on our social media!  
207.659.2524 -  
[washingtoncountycoffeenews@gmail.com](mailto:washingtoncountycoffeenews@gmail.com)



***FIREWOOD!***

**Fire Works**

Cut/Split Seasoned @ \$365/cord  
 Cut/Split Unseasoned @ \$315/cord  
 Unseasoned Logs 16-24" @ \$265/cord

**J & J Firewood 207.214.4192**

The logo for Due East Real Estate features a large, detailed illustration of a ship's steering wheel in the center. To the right of the wheel, the words "DUE EAST" are written in a large, bold, red serif font, with "REAL ESTATE" in a smaller, bold, blue serif font below it. Above the wheel, the text "Maine's Downeast Specialists!" is written in a bold, black, sans-serif font. Below the wheel, there are three office locations and their phone numbers: "Lubec Office 207.733.5511", "Calais Office 207.454.2525", and "Eastport Office 207.853.2626". At the bottom of the advertisement, the website "www.DueEast.com" is displayed in a large, white, sans-serif font on a dark blue background.

**What if**  
your ad were here?

**Your Potential Customers**  
would be seeing it!

*Get the scoop on advertising.*

**Call 207-659-2524**

Lucky numbers this week: This week's odds favor Sagittarius winners with the luckiest number being 33.

# Did You Know...

**Whiskey plates:** In the U.S. state of Minnesota, some DUI offenders get “whiskey plates,” special license plates starting with a W. These plates let them drive for essential needs like work or school while marking their history of driving offenses.

**Sneezing slumber:** Sneezing is impossible during deep sleep because the muscles involved in the reflex temporarily shut down. This paralysis occurs during REM sleep, allowing the body to rest undisturbed by irritants like dust or pollen.

**Oyster switch:** Oysters start life as males and later transform into females, annually producing millions of eggs. This unique life cycle allows them to efficiently reproduce, ensuring their role in the ocean’s delicate ecosystem.

**Brow mystery:** Painted by Leonardo Da Vinci, the “Mona Lisa” once had visible eyebrows and eyelashes, which were erased by years of previous restoration efforts. Scans also uncovered adjustments to her hands and other features.

**Dog ban:** In 1994, sled dogs were prohibited from Antarctica due to fears that they might spread illnesses to seals. These hardworking dogs had played a vital role in exploration before being replaced by mechanized transport.

**On the Lighter Side**

Sports fan: "Are baseball umpires good eaters?"  
Waitress: "Yes, they always clean their plate."

Knock! Knock! *Who's there?* Alex. *Alex who?* Alex the questions around here!

What kind of business did Mr. Gopher set up? A hole sale business.

I have a turtle who wears "people-neck sweaters."

A van crashed, loaded with thesauruses. Witnesses were astonished, shocked, taken aback, surprised, startled.

**Answers**

4. False, a wattle 5. Pharmacy  
**Trivia answers:** 1. The gentle way 2. Ottawa 3. Liverpool

For available franchise opportunities – visit [www.coffeenewsfranchise.com](http://www.coffeenewsfranchise.com)



**To Advertise on Star 97.7: Call 207.667.0002**

© Published with Permission by Washington County **Coffee News®**

**(Over)**