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Washington **County Edition** 207-659-2524

Vol. 3 No. 3 March 17, 2025

Everybody's Talking!

Art multi-tasker: In Rotterdam, Netherlands, Rajacenna van Dam is turning heads by creating hyper-realistic portraits using all four of her limbs at once. Mastering a skill she developed to stay productive, she simultaneously draws intricate works with her hands and feet, completing up to six pieces at a time. Her inspirations often come from well-known public figures, from pop stars to royalty. Creating each work of art is a meticulous process, sometimes requiring over 40 hours to perfect. She attributes her ability to an unusually connected brain, enabling her to seamlessly switch focus between pieces. This technical artistry transforms multitasking into a captivating spectacle. Who says masterpieces need just one pair of hands?

Oil survivor: In the La Brea Tar Pits near Los Angeles, California (U.S.), the petroleum fly has adapted to thrive in a place that traps and kills countless other creatures. These tiny flies are the only species to develop in toxic petroleum, calling this natural asphalt home. The larvae feed on trapped insects and arthropods, all while consuming petroleum without harm. Their translucent bodies reveal ingested oil passing harmlessly through. Even extreme conditions, like high temperatures or chemical exposure, fail to faze them. The asphalt doubles as a moisturizer, protecting their bodies from drying out in the sun. These resilient insects prove that life can thrive in the most unexpected places.

Quake resilience: In earthquake-prone Japan, skyscrapers are engineered to move with the earth, making them exceptionally safe. Built along the Pacific Ring of Fire, these high-rises withstand frequent quakes without sustaining damage or collapsing. During rare, extreme events like the 2011 Tohoku Earthquake, their design prioritizes protecting lives over structural perfection. Flexible engineering allows the buildings to sway rather than resist, minimizing the risk of catastrophe. The striking skyscrapers of Tokyo and Osaka may seem immovable, but their hidden adaptability is their ability not just to stand firm, but to be flexible when necessary.

Storm bringer: Tlaloc, an influential deity in Mesoamerican mythology, embodies the dual power of water. As the Aztec god of rain, lakes, fertility, and agriculture, he controlled lifesustaining rains while wielding deadly thunder and hail when angered. Farmers revered him for nourishing crops, and his domain extended to overseeing the Third Sun, a water-dominated world in Aztec cosmology. Tlaloc's origins predate the Aztecs; earlier cultures like the Maya and Zapotec worshipped Chaac and Cocijo, their versions of him. His image, often depicted with goggle eyes, fanged teeth, and vivid symbolism, reflected water's vital yet unpredictable role in survival.

Quoteable Quotes

"You cannot imitate somebody else's journey and still be true to yourself." –Jon Kabat-Zinn

"Nobody deserves your tears. But whoever deserves them will not make you cry." —Gabriel García Márquez

What's Happening

The ROOTS Conference is Saturday, March 22 from 8:30 a.m. - 4 p.m. at the University of Maine at Machias, Reynold's Center, 116 O'Brien Avenue. Snow date is set for Saturday, March 29. This year's conference highlights sustainable and community-driven strategies, with a morning panel tilted Wood and Food Banks: Inspiration from Eastern Maine for Heat and Food Security Efforts and six afternoon sessions with industry-specific talks and workshops. Registration is required, cost is \$10-60 and includes a catered lunch featuring local products. To register, https://extension.umaine.edu/agriculture/eastern-maine-roots/.contact Tara Wood at 207.255.3345, tara.a.wood@maine.edu.

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Sot Something to Share!

Share your announcement, activity, or event right here in the Coffee News What's Happening. Text or email the details to 207.659.2524 | washingtoncountycoffeenews@gmail.com

Trivia

- 1. Does a turtle have teeth?
- 2. Roman Emperor Hadrian built this 80-mile structure in Britain.
- 3. In what year was the iPod introduced?
- 4. Mt. Fansipan is the highest point in Vietnam—T/F?
- 5. Georges Braque and _____ pioneered the Cubism artistic

(Flip bottom of page for answers)



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Recipe of the Week

16oz salmon fillet 3 tbsp any flavor Raye's mustard 1/4 cup bread crumbs seasoned with Italian or preferred seasoning 1/4 cup melted butter

Line shallow baking pan with parchment or aluminum foil, place salmon skin down, season with salt and pepper, and spread that delish Raye's mustard over the fillet. Top with bread crumbs. Drizzle butter over the salmon and bake at 400 degrees for 10-15 mins. Salmon should be light pink in the middle and easily flake with a fork.

Baked Salmon with

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Your Weekly Horoscopes

(March 20 - April 19)



Your birthday month is a good time to set goals for the next year. Is there something that worked well for you last year? How might you

capitalize on it right now? Lucky numbers: 16, 20, 24, 39, 40, 47.

TAURUS

(April 20 - May 20)



The next month's energy may push you to move more quickly than you are comfortable with. Instead of resisting this dynamic, might you expand your

comfort zone? Lucky numbers: 15, 17,

GEMINI

(May 21 - June 20)



Your mind may be on overdrive for the next month. If you come up with a potentially good idea, examine it carefully, but you might want to

wait to act until next month. Lucky numbers: 2, 6, 7, 13, 20, 41.

CANCER

(June 21 - July 22)



Your feelings may be bruised this month by the aggressive way that others speak to you. Take a deep breath and resist any temptation to

lash out against them. Lucky numbers: 14, 16, 26, 29, 34, 43.

(July 23 - Aug. 22)



Your confidence level may be high now, making this a good time to move forward on your endeavors. But avoid ego conflict with others that

could disrupt progress. Lucky numbers: 3, 5, 8, 22, 25, 37.

VIRGO (Aug. 23 - Sept. 22)



Service is an important theme for Virgo, but you may be feeling at a crossroads about how to proceed. Analyzing the underlying cause of any

stalemate might help. Lucky numbers: 1, 23, 24, 26, 31, 32.

(Sept. 23 - Oct. 22)



You are approaching the halfway point since your birthday. Did you set new goals then? How are they progressing? What changes might be needed

now to ensure success? Lucky numbers: 9, 12, 15, 21, 26, 44.

SCORPIO (Oct. 23 - Nov. 21)



You may find your intuition is firing on all cylinders at the beginning of the week. How could you use it in a positive way? Be judicious in the advice

you give others. Lucky numbers: 5, 13, 14, 23, 29, 42.

SAGITTARIUS (Nov. 22 - Dec. 21)



At midweek, your optimism level may be very high. How might you use this dynamic to move forward now? Resist the temptation to procras-

tinate any longer. Lucky numbers: 8, 11, 17, 19, 26, 31.

CAPRICORN

(Dec. 22 - Jan. 19)



At week's end, you may get a boost that allows you to work harder on completing projects. Just understand that others may not be able to keep

up with your pace. Lucky numbers: 7, 13, 14, 19, 27, 40.

AQUARIUS (Jan. 20 - Feb. 18)



This week your sense of self may feel strongly connected to your humanitarian aspirations. Keep an eye out for an opportunity to manifest them

for everyone's benefit. Lucky numbers: 4, 5, 10, 40, 44, 48.

PISCES (Feb. 19 - March 20)



You may feel a strong sense of urgency to complete an endeavor, especially if it is related to an old karmic pattern. You might still have time, so

keep working. Lucky numbers: 6, 23, 27, 30, 34, 36.

Lucky numbers this week: This week's odds favor Gemini winners with the luckiest number being 7.

Did You Know...

Taste feet: Butterflies rely on their feet to taste, using special leg sensors to detect sugars and nutrients in food. Female butterflies even taste leaves to find the perfect spots for laying their delicate eggs.

Volcanic giant: Mars is home to Olympus Mons, the largest volcano in the solar system. This colossal mountain, larger than the entire Hawaiian island chain, rises far above the Martian plains, dwarfing Earth's mightiest volcanic peaks.

Grave warning: William Shakespeare's tomb bears a fierce curse likely penned by the Bard himself, warning misfortune upon anyone who dares move his bones. This ominous message reveals his fear of eternal disturbance.

Cartoon roots: Snoop Dogg, the famous rapper, got his stage name from Peanuts, the classic comic strip and TV show. His mother affectionately called him "Snoopy" after the cartoon dog, and the name stuck, shaping the persona he is famous for today.

Fresh fix: Believe it or not, cucumbers can combat bad breath. This green veggie boosts saliva, helping to wash away bacteria that cause odors. It's a natural, refreshing way to keep breath clean, straight from the produce aisle.

On the Lighter Side

Madge: "Will you continue to read palms?" Flora: "No, there's no future in that line of work."

Knock! Knock! Who's there? Fantasy. Fantasy who? Fantasy-ing you here!

How do pigs say good-bye? With hogs and kisses.

Winter always seems like a long season; it starts in one year and ends in the next.

An optometrist fell into his lens grinder. He made a spectacle of himself.

Auswers

5. Pablo Picasso

Trivia answers: 1. No 2. Wall 3. 2001 4. True

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